

# FREE Vegetables



Cabbage



Kale



Wombok



Broccoli



Cauliflower



Zucchini

Swede



Turnip



Carrot



Pumpkin



Bok Choy



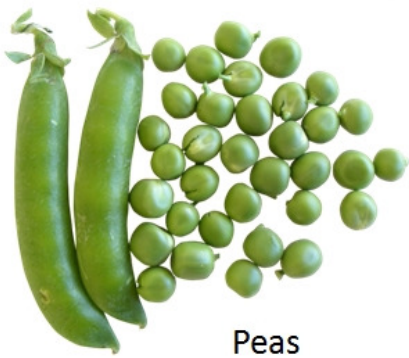
English  
spinach



Choko



# FREE Vegetables



Peas



eggplant



Celery



Green beans



Garlic



Brussels sprouts



Chives



Bean sprouts



Okra



Mushroom



Radish



Spring onion



Beetroot



Squash



Tomato



Artichoke

**There is no need to print the following page when printing and using this resource**  
**Health Professional Facilitator Information**

You must use your own professional judgement when using this resource

**Purpose of resource:**

To promote eating FREE vegetables.

**Target group:**

This resource is designed to be used by Australians of all ages.

**Notes:**

This resource is designed to be printed A3 size and then laminated.

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